



Class Schedule for January to March 2026

- The dates and timing for programmes are subject to change.
- Please check back to The Kallang website for the latest updates.
- Classes that are not offered this term will not be listed on the class schedule.

Attire	Swimwear of colorfast and lightweight material suitable for swimwear, such as lycra, spandex or nylon. Appropriate swimwear includes: <ul style="list-style-type: none">• One and two-piece swimsuits• Swim trunks, jammers, swim board shorts• Rash guards/ wetsuits• Hijood/ burqini or other approved Islamic swimwear
Equipment	Bring own goggles, kickboard, and swim noodle for every lesson.
Registration	Email us at aqc@torpedoswim.com.sg
Programme Schedule	<ul style="list-style-type: none">• Adult Learn to Swim – Level 1 to 3• Bubbles – Level 1 to 3• Kids Learn to Swim (Intermediate) – Level 1 to 3• Kids Learn to Swim (Advanced) – Level 1 to 3• Swimming Development Squad• Private Swimming



Adult Learn to Swim – Level 1 to 3

This programme is specially customised to suit adult physical, mental, and emotional capabilities. It doesn't matter if you want to learn to swim, improve your technique or train for an event, our instructors will tailor the programme to suit your needs and ensure you make the most of your time in the pool in a friendly and welcoming environment.

Wednesday	Jan 7, 14, 21, 28 Feb 4, 11, 25 Mar 4, 11, 25	6:45pm to 7:30pm 7:30pm to 8:15pm	Based on the number of sessions for each month	
Friday	Jan 2, 9, 23, 30 Feb 13, 20, 27 Mar 6, 27	6:45pm to 7:30pm 7:30pm to 8:15pm		
Age Group	14 years old and above			
Programme Cost	January <u>Wednesday (4 Sessions)</u> Adult - \$180 Concession - \$160 <u>Friday (4 Sessions)</u> Adult - \$180 Concession - \$160 February <u>Wednesday (3 Sessions)</u> Adult - \$135 Concession - \$120 <u>Friday (3 Sessions)</u> Adult - \$135 Concession - \$120 March <u>Wednesday (3 Sessions)</u> Adult - \$135 Concession - \$120 <u>Friday (2 Sessions)</u> Adult - \$90 Concession - \$80			

THE KALLANG GROUP PTE. LTD.

1 Stadium Drive, #02-01 National Stadium,
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Registered in Singapore

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Location	Lessons will take place in the Training Pool at the OCBC Aquatic Centre. There will be no classes when venue is closed for events.
Registration Period	10 December 2025 to 31 December 2025

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Bubbles - Level 1 to 3

Water safety is important for all ages, but especially for toddlers. The early acquisition of water safety skills is not only life-enhancing but also lifesaving. The younger a child begins their swimming adventure; the sooner they will be able to build a foundation for age-appropriate water safety and swimming skills. Bubbles is a unique swimming programme that builds water confidence, packed with lots of fun elements!

Wednesday	Jan 7, 14, 21, 28 Feb 4, 11, 25 Mar 4, 11, 25	5:00pm to 5:45pm 5:45pm to 6:30pm	10 Sessions (Term)
Saturday	Jan 3, 10, 24, 31 Feb 14, 21, 28 Mar 7, 28	2:00pm to 2:45pm 3:00pm to 3:45pm 4:00pm to 4:45pm 4:45pm to 5:30pm	9 Sessions (Term)
Sunday	Jan 4, 11, 25 Feb 1, 15, 22 Mar 1, 8, 29	9:00am to 9:45pm 10:00am to 10:45am 11:00am to 11:45am 11:45am to 12:30pm	9 Sessions (Term)
Age Group	3 years old and above		
Programme Cost	Term – January to March 2026: \$400 for 10 Sessions (Wednesday) \$360 for 9 Sessions (Saturday/Sunday) <i>(There will be a one-time registration fee of \$60 for all Kids Learn to Swim NEW participants.)</i>		
Location	Lessons will take place in the Training Pool at the OCBC Aquatic Centre. There will be no classes when venue is closed for events.		
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Kids Learn to Swim (Intermediate) – Level 1 to 3

This programme covers basic swimming and water safety. It is designed for children to enhance their swimming and develop water survival skills. This programme provides the foundation for future participation in aquatic recreation, fitness, and sporting activities.

Wednesday	Jan 7, 14, 21, 28 Feb 4, 11, 25 Mar 4, 11, 25	5:00pm to 5:45pm 5:45pm to 6:30pm	10 Sessions (Term)
Saturday	Jan 3, 10, 24, 31 Feb 14, 21, 28 Mar 7, 28	2:00pm to 2:45pm 3:00pm to 3:45pm 4:00pm to 4:45pm 4:45pm to 5:30pm	9 Sessions (Term)
Sunday	Jan 4, 11, 25 Feb 1, 15, 22 Mar 1, 8, 29	9:00am to 9:45am 10:00am to 10:45am 11:00am to 11:45am 11:45am to 12:30pm	9 Sessions (Term)
Age Group	6 to 13 years old		
Programme Cost	Term – January to March 2026: \$400 for 10 Sessions (Wednesday) \$360 for 9 Sessions (Saturday/Sunday) <i>(There will be a one-time registration fee of \$60 for all Kids Learn to Swim NEW participants.)</i>		
Location	Lessons will take place in the Training Pool at the OCBC Aquatic Centre. There will be no classes when venue is closed for events.		
Registration Period	10 December 2025 to 31 December 2025		

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Kids Learn to Swim (Advanced) – Level 1 to 3

This advanced programme covers a comprehensive range of skills from building fitness endurance to water survival. With an emphasis on promoting healthy living, this programme also encourages children to adopt a healthy lifestyle through swimming for fitness.

Wednesday	Jan 7, 14, 21, 28 Feb 4, 11, 25 Mar 4, 11, 25	5:00pm to 5:45pm 5:45pm to 6:30pm	10 Sessions (Term)
Saturday	Jan 3, 10, 24, 31 Feb 14, 21, 28 Mar 7, 28	2:00pm to 2:45pm 3:00pm to 3:45pm 4:00pm to 4:45pm 4:45pm to 5:30pm	9 Sessions (Term)
Sunday	Jan 4, 11, 25 Feb 1, 15, 22 Mar 1, 8, 29	9:00am to 9:45am 10:00am to 10:45am	9 Sessions (Term)
Age Group	6 to 13 years old		
Programme Cost	Term – January to March 2026: \$400 for 10 Sessions (Wednesday) \$360 for 9 Sessions (Saturday/Sunday) <i>(There will be a one-time registration fee of \$60 for all Kids Learn to Swim NEW participants.)</i>		
Location	Lessons will take place in the Training Pool at the OCBC Aquatic Centre. There will be no classes when venue is closed for events.		
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Swimming Development Squad

Our Swimming Development Squad Programme is designed to nurture young competitive swimmers, enhancing their skills through expert coaching, personalized training, and a supportive environment. Ideal for swimmers aspiring to compete at higher levels, our programme emphasizes technique, endurance, and discipline.

Monday	Jan 5, 12, 19, 26 Feb 2, 9, 16, 23 Mar 2, 9, 30	7:15pm to 8:45pm	11 Sessions (Term)
Wednesday	Jan 7, 14, 21, 28 Feb 4, 11, 25 Mar 4, 11, 25	5:00pm to 6:30pm 7:15pm to 8:45pm	10 Sessions (Term)
Thursday	Jan 8, 22, 29 Feb 12, 19, 26 Mar 5, 26	7:15pm to 8:45pm	8 Sessions (Term)
Saturday	Jan 3, 10, 24, 31 Feb 14, 21, 28 Mar 7, 28	2:00pm to 3:30pm 4:00pm to 5:30pm	9 Sessions (Term)
Sunday	Jan 4, 11, 25 Feb 1, 15, 22 Mar 1, 8, 29	7:45am to 8:45am 9:00am to 11:00am 4:00pm to 5:30pm	9 Sessions (Term)
Age Group	6 to 16 years old		
Programme Cost	Term – January to March 2026: \$599.50 for 11 Sessions (Monday) \$545 for 10 Sessions (Wednesday) \$436 for 8 Sessions (Thursday) \$490.50 for 9 Sessions (Saturday/Sunday) <i>(There will be a one-time registration fee of \$60 for all Kids Learn to Swim NEW participants.)</i>		
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Private Swimming

Prefer to learn swimming at your convenience? Consider us!

Private swimming gives you the option to customise your swim plans, push your swim training to another level, stroke corrections, weight loss and conditioning goals.

Sessions can be arranged to be held at your preferred dates and time (subjected to instructor's availability).

Email us at aqc@torpedoswim.com.sg for more details

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