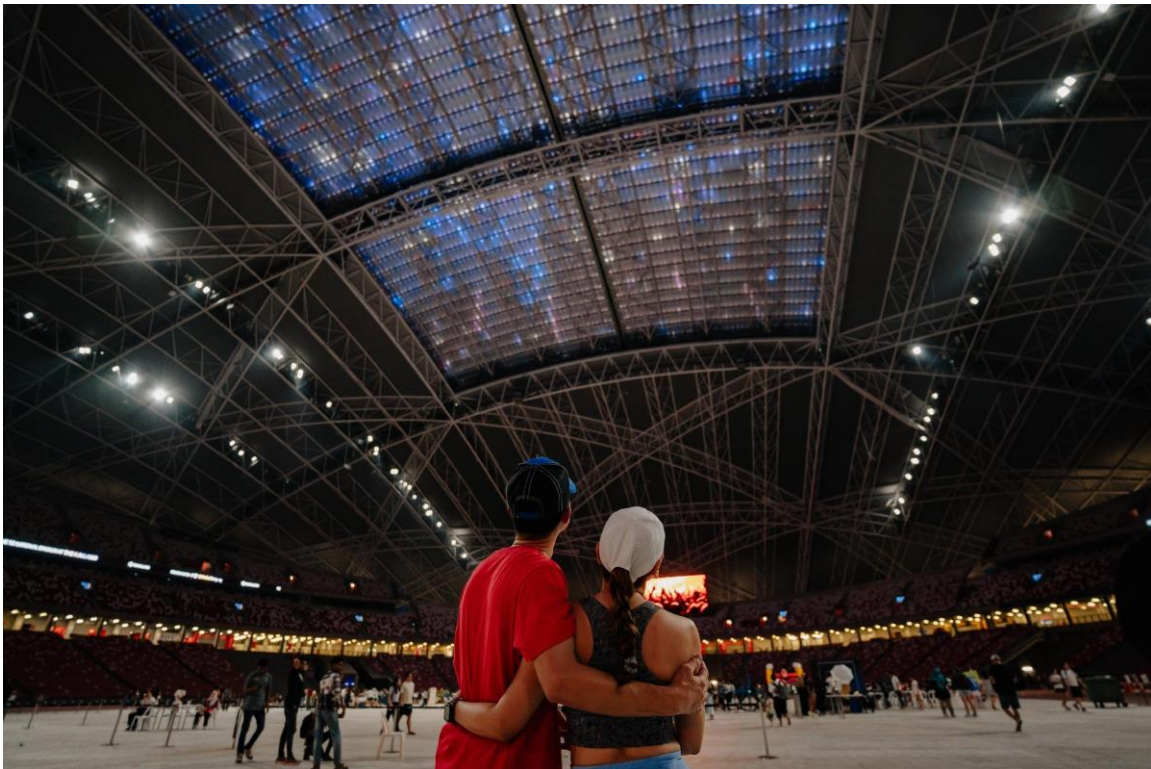




NATIONAL STADIUM AT THE KALLANG SERVES UP A FEBRUARY OF FESTIVITIES

- *Get ready for an action-packed wave of fitness activities at the National Stadium*
- *Celebrate love and friendship with Valentine's Day-themed movie screenings and couple workout sessions*
- *Revel in lion dance performances by children to usher in the Year of the Horse!*



SINGAPORE, 6 February 2026 – The Kallang welcomes everyone this February to experience a vibrant line up of sports, culture and entertainment at the upcoming National Stadium Experience. From lion dances to Valentine's Day-themed workouts that will have hearts racing, The Kallang is excited for everyone to come join the fun and create new memories together!

Sweat, Play and Stay Active at the National Stadium!

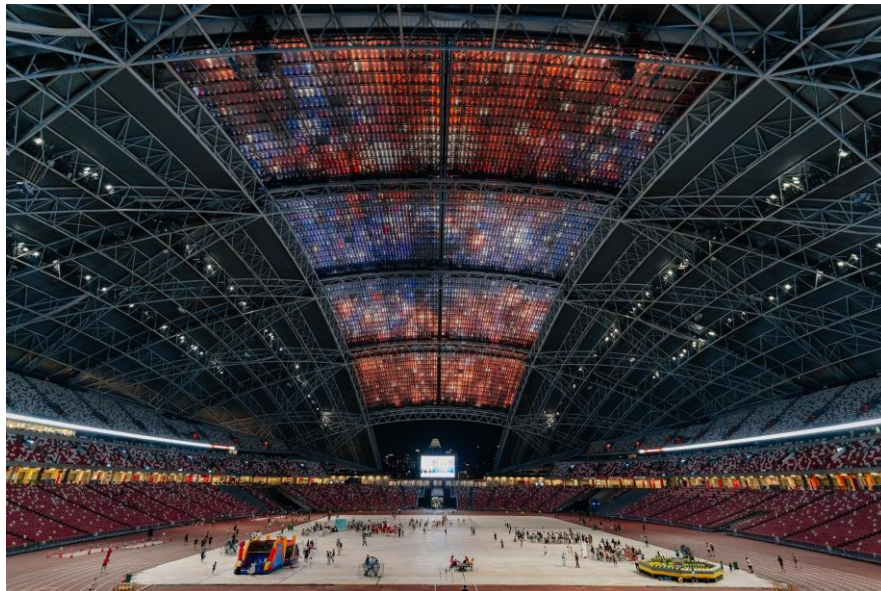


Have you ever dreamed about standing where champions are made? Whether you're a football fan, casual runner or parent with children passionate about rugby, experiencing the National Stadium the way professional athletes do is a rare opportunity. Now's your chance to make your dreams come true with a fun-filled adventure for your friends and family!

During the National Stadium Experience, you can experience Singapore's home to sports just like the pros do. Sprint or jog around the National Stadium with your loved ones, play a ball game on the very same pitch where the HSBC SVNS Singapore players competed, learn to cycle with the experts from the Singapore Cycling Federation or get in a HIIT session with your *kakis*. The possibilities are endless!

Patrons who enjoy hands-on fun can look forward to a series of craft activities specially curated to celebrate both Chinese New Year and Valentine's Day. These include giving used *ang baos* (red packets) a second life by transforming them into elegant artworks, as well as creating matching, one-of-a-kind tote bags perfect for couples.

Brilliant Display Of Light and Sound



Be the first to sing under the dazzling lights at the National Stadium! From NSYNC to Kpop Demon Hunters, visitors are invited to belt their lungs out and dance along to a curated playlist of viral hits.

That's not all, for three minutes the iconic stadium roof will transform into a spectacular canvas of colour and rhythm, creating an unforgettable, all-in celebration you won't want to miss!

Love is in the Air with Valentine-themed Activities

Looking for a fresh date idea or a unique way to stay on track with your 2026 fitness goals? We are rolling out energising couples' workout sessions on Valentine's weekend, led by crowd-favourite instructors from Team Axis. Expect sweat, sparks and an adrenaline rush. Prefer something more laid-back? Pack a picnic and join us for an outdoor movie screening on Valentine's weekend. We'll bring the romance with specially curated titles!



Usher in Prosperity this Chinese New Year at The Kallang



Lion dance performances are an important part of Chinese celebrations especially during Chinese New Year. This year, The Kallang is putting a fresh spin on the tradition with spirited performances by a talented troupe of children under twelve. Patrons can look forward to their lively interpretation of lion dance, along with an engaging sharing session on the origins and cultural significance of this festive art form.



Fun-filled Activities for Children



It is never too early to rack up some business experience. Catch boss babies at the Children's Entrepreneur Fair, where enterprising kids will be selling their homemade crafts. Support these budding entrepreneurs as they explore managing money, business and the joy of sharing their creations in a safe, friendly space at The Kallang. Business aside, kids can be kids in the iconic bouncy castle, available on weekends and the first two days of Chinese New Year.

National Stadium Experience in Summary

	Thu - Fri 5 & 6 Feb	Sun 8 Feb	Mon - Fri 9-13 Feb	Sat & Sun 14-15 Feb	Mon - Fri 16-20 Feb	Sat & Sun 21-22 Feb
NATIONAL STADIUM EXPERIENCE	5 Feb: 7-9pm 6 Feb: 4-9pm	7 Feb: Closed 8 Feb: 9am-9pm	9-12 Feb: 5-9pm 13 Feb: 4-9pm	9am-9pm	16 Feb: 5-9pm 17-18 Feb: 9am-9pm 19 Feb: 5-9pm 20 Feb: 4-9pm	9am-9pm
Inflatables		Available		Available	Available on 17 & 18 Feb	Available
Movie Screening				Available	Available on 17 & 18 Feb	Available
National Stadium Experience Venue Tour		Available		Available		Available
Workout Sessions by Team Axis		Learn to Play Tchoukball Learn to Play Rugby		Couple Yoga Couple HIIT		Learn to Play Tchoukball
Learn to Cycle with Singapore Cycling		Available		Available		Available



Federation						
Light & Sound Display				Available on 14 Feb		Available on 21 Feb
Lion Dance Performance x Hua Long Lion Arts				Available		Available
“Come & Try” fundamentals of gymnastics by Singapore Gymnastics						Available
Children's Entrepreneur Fair						Available

There will be no activities on Sat 7 February as the SRU National League 15s will be played in the National Stadium.

“Just last weekend, we saw a diverse community of rugby fans filling the stands at the National Stadium to cheer on their favourite teams. This week, we’re kicking off the month-long National Stadium Experience, where we welcome our local community to explore the stadium through curated festivities and sporting activities for all ages,” said **Yazed Osman, Group Head, Events & Placemaking and Place Management, The Kallang**. “The versatility of our spaces across regional and community events truly captures the energy of The Kallang as a vibrant destination.”